

Spring Newsletter

Lime Tree Dental Practice, 6 Woodhill Road, Portishead, BS20 7ET
t. 01275 840234 e. info@limetreedental.co.uk w. www.limetreedental.co.uk

Spring Has Sprung

Welcome to the first edition of our practice newsletter. The garden is starting to come back to life after the long winter and thanks to the hard work of our gardener Graham Finch, it's looking beautiful. The daffodils are trumpeting the arrival of spring. Likewise, we are very excited about the arrival of some new materials and technology. See the articles about "Fibredontics" & "Calm to Prevent the Storm". Also have a look at our "Special Offers" especially our all new "Recommend a Friend".



Calm To Prevent The Storm

Introducing a new filling product called BIODENTINE that can calm down certain painful teeth and hopefully prevent the need for a root filling.

As part of our involvement with a research group called the PREP Panel through the University of Birmingham, we were asked to evaluate the performance of this really exciting new product. Biodentine can be used when a cavity in a tooth is very deep & close to the nerve (pulp).

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Calm To Prevent The Storm (cont.)

As a result, the nerve maybe affected by the decay. Biodentine promotes healing of the nerve to help it lay down natural dentine within the nerve to protect itself in the future and to try to keep the nerve alive.

The outer coating of the biodentine will need to be covered in the future (2days to 6months) with a permanent cover (either filling or crown) to protect it. So as such the tooth will need to be treated twice, however, this treatment is designed to try to reduce the chance of this tooth needing a root filling & the relevant cost. Several of our patients have already experienced this new treatment & early signs are showing fantastic results.

Recommend a Friend

From 1st April onwards if you recommend a friend as a new patient to Lime Tree Dental Practice, you will both receive a **£10 Voucher**. We would like to thank all of you who have recommended Lime Tree Dental Practice to friends & family over the years. We greatly appreciate this gesture & take it as a big complement. This is why we would like to repay this loyalty by giving something back to those of you who so kindly tell their friends about good experiences they have had with us. When your friends attend for their New Patient Consultation, ask them to inform us of who recommended them.

Circus Celebration

Christmas 2010 was topped with the staff Christmas "Do" at a circus themed ball at the Passenger Shed at Temple Meads. Everyone looked great in their evening wear. We also celebrated the



7th Birthday of the practice. Front centre is Julia & Amanda (Front right) who have been with us 7 years. Jacqui (front left) 3yrs & Maxine (centre) 1year. Jonathan & Nick's wives Helen & Anita complete the team. We would like to thank the team for all there hardwork.

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Plan Membership Bonus

April will see the 2nd anniversary of our newly improved plans. One of the Adult Plan benefits is a Biannual Bonus. For those patients who have been on the Adult Plan for those 2 years, at your next appointment you should receive a **£10 Voucher** which can be redeemed against any treatment or Oral Hygiene products at Lime Tree Dental Practice. This will be in addition to all the other benefits that you currently benefit from like the discount off treatment, plus the dental accident & emergency insurance cover.



Your Opinion Matters

Many of you will have been invited to fill out a questionnaire at your recent appointment. These forms firstly confirm the information we hold for our patients is up to date and accurate. Secondly it invited patients to give opinions on contact preferences and more recently practice cleanliness. If you have not yet filled in one of these forms, can we please ask you to fill one in at your next appointment?

We would really like to know about your experience at Lime Tree Dental Practice. From your first telephone contact, your treatment & after, whatever your experience please let us know. If you have had a good or enjoyable experience please tell your friends, or if your experience was not to a standard that you would expect please tell us. A great way to share your good experiences is by writing a review about us on the [portisheadpeople](http://portisheadpeople.com) website.

MLC's Charity Gig

Many of you know that one of our dentist Nick Williams is lead singer with local covers band MLC. The practice was proud to provide tickets for a recent MLC Charity Music Night in aid of St Peter's Hospice. It was nice to see a number of patients there. In the region of £900 was raised for this very worthwhile charity. If you have not seen MLC you can see them performing at a variety of gigs throughout the year. Look at www.lemonrock.com/mlc

Fibredontics is the name given to the field of dentistry where fibre reinforced composites are used. We can now offer these exciting new treatments that uses state of the art materials, by applying principles from the building (steel reinforced concrete) & the aeronautical industries. We bed strong metal-free fibres or mesh into composites (white filling materials) to give extremely strong and cosmetic solutions in a broad range of dental situations. Splinting loose teeth, replacing missing teeth & broken teeth are a few of the circumstances where this new "Fibredontics" can be used. The images (above & below) show cases where the patients were missing front teeth. The patients wanted a simple, non-invasive & cost effective treatment. Initially we "glue" the fibre ribbons to the back of the adjacent teeth. This fibre bridges the gap. Further ribbons are applied vertically to give the new tooth strength. The new tooth is then constructed in the mouth from tooth coloured composite materials. This treatment is finished in one visit.



STOP PRESS -The walls of the practice have just become an art gallery. We are exhibiting work from a local artist; Rachel Francis (See website for more details).

Opening Hours

Don't forget late appointments are available on a Thursday

Monday	8.30am to 5.00pm	
Tuesday	8.30am to 5.00pm	
Wednesday	8.30am to 3.00pm	
Thursday	8.30am to 7.00pm	LATE/EVENING
Friday	8.30am to 5.00pm	